## The Ph Salivary Biomarker – is There a Difference Between Cleft and Non-Cleft Orthodontic Patients?

Helena Reis de Souza Schacher<sup>1</sup>\*, Mariana Lemos Rinaldi<sup>2</sup>, Fabiane Azeredo<sup>3</sup>, Susana Maria Deon Rizzatto<sup>4</sup>, Maria Bernadete Sasso Stuani<sup>5</sup>, Luciane Macedo de Menezes<sup>6</sup>

1. PhD student. Dental Program, School of Health and Life Sciences, Pontificia Universidade Católica do Rio Grande do Sul, Porto Alegre, Brazil.

2. PhD. Dental Program, School of Health and Life Sciences, Pontifícia Universidade Católica do Rio Grande do Sul, Porto Alegre, Brazil.

3. PhD. Dental Program, School of Health and Life Sciences, Pontificia Universidade Católica do Rio Grande do Sul, Porto Alegre, Brazil.

4. MSc. Professor at School of Health and Life Sciences, Dental Program, Pontifícia Universidade Católica do Rio Grande do Sul, Porto Alegre, Brazil.

5. PhD. Professor at School of Dentistry, Universidade de São Paulo, Ribeirão Preto, Brazil.

6. PhD. Professor at School of Health and Life Sciences, Dental Program, Pontifícia Universidade Católica do Rio Grande do Sul, Porto Alegre, Brazil.

## Abstract

Cleft lip and/or palate (CL/P) is one of the most common congenital malformations. In view of the important role of salivary pH and the scarcity of studies on this topic in patients with CL/P, the aim of this study was to analyze salivary pH in patients with and without CL/P undergoing orthodontic treatment with fixed appliances.

The sample consisted of 45 patients wearing orthodontic appliances (20 boys and 25 girls; mean [SD] age, 15 [2.70] years), who were divided into 3 groups: control group (patients without CL/P, n = 15); CL/P group (patients with CL/P without oronasal communication, n = 15); and CL/P-O group (patients with CL/P with oronasal communication, n = 15). Saliva samples were collected and evaluated for pH by using indicator strips, with a reading scale ranging from 2.0 to 9.0. Data were tested for normality using the Shapiro-Wilk test, and results were compared by the Kruskal-Wallis test (p ≤ 0.05).

The median pH was 7.5 in the control group, 7.0 in the CL/P group, and 6.5 in the CL/P-O group. Although there was no statistically significant difference among the 3 groups ( $p \le 0.05$ ), the CL/P and CL/P-O groups tended to have lower and more scattered pH values than the control group.

Salivary pH did not differ statistically between patients with and without CL/P wearing fixed orthodontic appliances. However, those with CL/P tended to have more acidic and scattered pH values. Further studies and trials involving a larger number of patients are important to clarify this issue.

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## Introduction

Cleft lip and/or palate (CL/P) is one of the most common congenital malformations. Its global prevalence is estimated at 14.29 per 10 000 live births, with considerable ethnic and geographic variation <sup>1</sup>. The incidence

\*Corresponding author: Luciane Macedo de Menezes Dental Program, School of Health and Life Sciences, Pontifícia Universidade Católica do Rio Grande do Sul, 6681 Ipiranga Avenue, Building n.6, Porto Alegre, RS, 90619-900, Brazil. E-mail: luciane.menezes@pucrs.br of CL/P varies with race, being higher in Asians than Caucasians but lower in individuals of African descent <sup>2</sup>. Boys are more commonly affected by CL/P than girls (2:1), with an inverse ratio for isolated cleft palate (male:female, 0.5:1)<sup>3</sup>. Using the best available evidence, a systematic review showed that in low- and middle-income countries, including Brazil, 1 in every 730 children is born with CL/P <sup>4</sup>. In Brazil, the prevalence of this malformation was estimated at 0.19 per 1000 live births between 1975 and 1994<sup>5</sup>.

it has already been reported that the mutation of C677T and 1298C genes can cause fusion failure during oral and maxillofacial

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